



**To love ones homeland is a sacred emotion. Our land has suffered much within the storms of history but still exists as beautiful and pure. Only a shallow man does not honour his beloved homeland. What is a humans existence like without his country? Without earth? A human would be a zero in borderless space if one was to take away his opportunity to devote his life to his home country.**

In the procedure of soilfucking it is important to meet these requirements and follow these instructions:

- It is reasonable to fuck the soil in specially chosen places, where this action is safe for both man and living nature around him.
- In case one is hindered in the act of fucking by the turf one should remove this. If it is a single action one should replant the grass in its original place. When one intends to repeatedly fuck the soil in the same location one can leave the hole in the turf. Around these instructions there are some examples of such mini-caves so one can envisage what such a hole should look like.
- Fucking the earth in certain places where earth is very thick or the soil embodies small rocks or even in places where the surface turf is completely missing can cause injuries and be life endangering. Such places are better avoided.
- Often it is necessary to loosen the turf in some way to be sure that the action proceeds successfully. In these circumstances one should leave the place in same state one found it in after the act.
- One should take precautions to preserve the life of the species living in the ground. Try not to damage any earthworms or the maggots of butterflies for example.
- If one cleans oneself after fucking - the most effective materials are slightly moistured paper-napkins or clean and sterile gauze - do not leave the remnants of cleaning in nature but take the waste and find an appropriate method of disposal.
- The use of condoms is generally not necessary in soilfucking but there are some exceptions to this rule. If a man suffers from a serious venereal diseases like HIV or syphilis which can spread through soil or water or can be passed on to animals then the use of a condom is mandatory. The use of a condom is advisable if the ground is polluted with materials harmful to humans. Still one should realise that usually condoms are manufactured for other purposes and don't guarantee that ones skin is not in touch with harmful materials.
- In case one finds oneself in uninspirational nature but still wants to fuck the earth, one might need some postcards or photos to inspire and excite of the national beauty of ones beloved homeland. Hereinafter are included some examples of beautiful landscapes in our country. Please use these freely.